

EMERGENCY DATA CARD

In the event of an accident, this card **CAN SAVE YOUR LIFE**

- Your family members can be contacted immediately.
- Your rescuers will be able to determine your blood group and also know of your medical information.

How to use the Emergency Card

1. Print the card
2. Fill in all applicable data
3. Cut out the card
4. Fold the card and put it in your wallet, where it is easily accessible for both yourself and any eventual emergency personnel.

Write your full name here

PERSONAL EMERGENCY DATA CARD

Paste Your Latest Colour Photo here

Write Your Blood Group here

BLOOD GROUP; **I.C. No:**

NAME :

MEDICAL INFORMATION

Fill up your medical information
e.g. : your allergies, ailments
(High Blood Pressure or Diabetic)

IF CARD HOLDER IS UNCONSCIOUS / INVOLVED IN AN ACCIDENT
OR NEED ANY KIND OF HELP, PLEASE CONTACT

PERSONAL EMERGENCY DATA CARD

DISTRIBUTED BY
MVFR
Fire and Rescue Volunteer
Malaysia
www.mvfra.org

NAME :

RELATION :

TEL NO :

OR TRY TO CONTACT

NAME :

RELATION :

TEL NO :

Fill in the names and telephone numbers of persons to contact during an emergency



Cut out the emergency data card and fold it into a wallet card

Laminate the Emergency Data Card

Carry the card with you at all times, so you can always get the best assistance whenever an emergency takes place.